

Soaking Instructions:

1. Fill a shallow pan with warm water (Epsom salt is optional)
2. Soak your foot for about 5-10 minutes
 - a. (do this with the dressing on the first time so that it will come off easier)
3. Gently dry your toe and apply an antibiotic cream or ointment
4. Apply a clean band-aid or gauze dressing
5. Repeat the soaking once a day for at least five days
6. Hydrogen Peroxide may be used to gently scrub and cleanse the excision area

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