

Name: _____ Date: _____

Which side is your bunion on? L R both

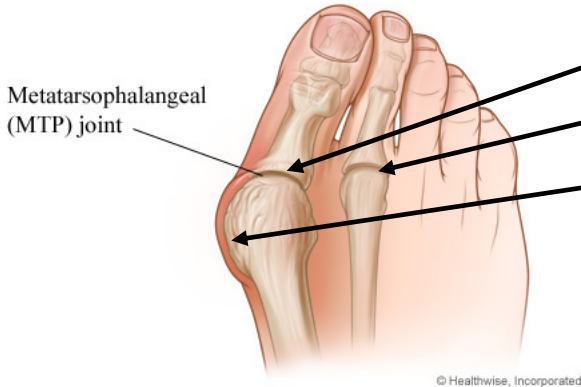
How long has the bunion been **present**? _____ months _____ years

How long has the bunion been **hurting**? _____ months _____ years

What number from 1-10 does it hurt? L ___/10 R ___/10

1 is almost no pain and 10 is like getting hit by a truck!

Where does the bunion hurt?



Big toe joint pain

Pain behind and beneath the second toe

Bump pain in tight shoes

What have you done to treat it?

changed shoes Shoe modification/stretching

arch supports (what type? _____)

custom molded (doctor made) orthotics

bunion shield of padding

injections surgery

bunion regulator or 'Good night Bunion'.

What makes it hurt the most?

What makes it feel better?

How much of a cosmetic issue is this?

1 2 3 4 5 6 7 8 9 10

1 (I don't ever look at my feet)-----10 (I'm a 'foot' model in New York City)

What is your job/occupation?

What shoes do you wear for:

Work? _____

Exercise? _____

Going out? _____

What is the highest heel dress shoe you've worn in the last year? _____ inches

Last month? _____ inches

Thank you for filling this out!

Doug Ichikawa, D.P.M.