

From out of state or out of country?

Out of state postoperative care:

Coming from out of state to have your bunionectomy poses some follow up issues and it is our goal to give you adequate care without requiring all the visits we usually do of our local patients. We have done this procedure on patients from California, Alaska, New Jersey, Colorado, New York and Florida so far with good success!

The Minimum follow-up:

- We would like to start with you having a telephone consultation with us. During this visit we'd like for you to show us your feet, barefoot on a hard surface. We would like you to eventually get standing foot x-rays from a local source (podiatrist, orthopedist, radiologist) to decide if the syndesmosis bunionectomy is appropriate for you.
- Once you are scheduled for surgery, we'd like you to have a 'telemedicine pre-op consultation' about two weeks before the surgery date.
- We would like you to come in **at least one day before surgery** (for an in-person pre-op visit) and **stay until at least week after the surgery** (two weeks in Bellevue/Seattle are preferred).
- You will need to find a podiatrist, orthopedic surgeon or radiology clinic to get a standing foot x-ray: 2-3 months after surgery.
- We would like to see you for a telemedicine visit in 1 month, 3 months and 6 months. The lack of postoperative visits will mean a decreased ability to follow your progress and take appropriate measures to mitigate complications like recurrence, infection and stress fracture. Doing the minimum postoperative care is within reason, but will allow for increased rates of complication.

Please compare this to the '**syllabus**' (a pdf at the bottom of the syndesmosis bunionectomy webpage) and you can see that local patients are monitored much more closely.

You need to be aware that a complication could arise that would mandate staying in the Seattle area longer than originally planned!

Self-pay costs:

If your insurance does not cover this procedure in the Seattle area, you may need to self-pay for this. The **hospital cost** will be around \$7600, the **surgery fee** will be \$2500 including all follow up appointments, and the **anesthesia fee** will be around \$1200. These are estimates.