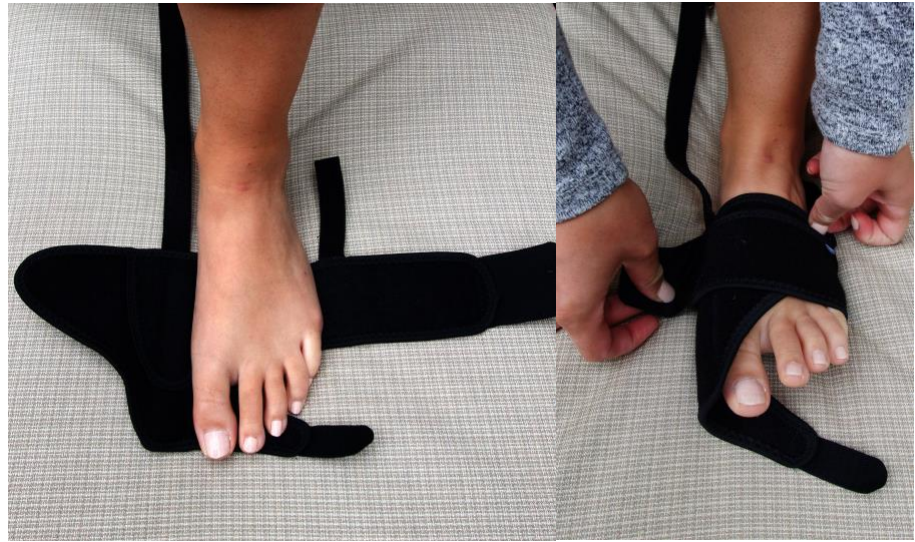


Applying the Caretras Bunion Corrector



Bendable metal inside the splint will allow the user to align the toe in any direction.



The **Caretras Bunion Corrector** (available on Amazon) is a device used for maintaining proper alignment of the big toe in the recovery period after your bunionectomy. It is applied as shown above. It should be used from 2 weeks after surgery until 2-3 months after. It should be used at least 80% of the day. It can be fit into an oversized athletic shoe like a *Hoka One One* or similar. Please note that there is a bendable strip of metal along the bunion side that can be formed to the proper toe alignment. Proper alignment is 10-15 degrees towards the little toe side as measured from the inside (medial) border of the foot.